

HELP TO HEAT YOUR HOME



Sudbury & South Suffolk Citizens Advice Free energy advice and support to help you pay your bills, top up your prepayment meter and apply for charitable support. Visit www.sudburycab.org.uk or call 01787 321 400.

Local Welfare Assistance A grant for people struggling with the cost of essentials. Visit www.suffolk.gov.uk/LWAS for more information and to apply.

Surviving Winter Financial support for people over pension age to help with fuel costs. Eligibility criteria apply, visit www.suffolkcf.org.uk/surviving-winter-appeal or contact Sudbury Citizens Advice using the details above.

BRING DOWN YOUR BILLS

Warm Homes Suffolk Free efficiency assessments, advice and grant checks to bring down energy use. Visit www.warmhomessuffolk.org or call 03456 037 686.

National Energy Action Free national helpline provides information on how to use less energy, and get on top of your payments. Call 0800 304 7159 or visit www.nea.org.uk

Suffolk Centres for Warmth In person energy and financial inclusion advice to keep people warm and healthy in their homes. Visit www.babergh.gov.uk/suffolk-centres-for-warmth or call 0333 016 2000.



OFF GAS HOMES

Oil Loans Eastern Savings and Loan Credit Union offer interest-free loans to spread the cost of oil and LPG. Visit www.eslcu.co.uk or call 03336 000690. Subject to affordability, credit check, and a membership fee.

Oil Buying Clubs Reduce the cost of oil by buying in bulk. Visit www.communityactionsuffolk.org.uk or call 01603 881 888.



DEALING WITH ENERGY DEBT

Supplier Grants many energy suppliers have grants to reduce or clear debt if you meet their criteria. Speak to your energy supplier to see what help you can get.

Citizens Advice offers advice for energy, debt and more. They can support you to create a budget, negotiate with your supplier and boost your income.

Boost your income by checking your benefit entitlement, even a small amount can unlock hundreds of pounds a year. Visit www.gov.uk/benefits-calculators, or contact Citizens Advice for a free benefit check.



MORE INFORMATION

Visit www.babergh.gov.uk/energy-fuel-and-utilities for more resources to help you keep fuel and utility costs down.

If you would prefer to speak to someone, you can contact our Customer Services team on 0300 123 4 000, option 7 to discuss your situation and find local organisations available to support you.