Well People, Healthy Places Fund

# Guidance Notes

## About the Fund

The Well People, Healthy Places Fund is a partnership through which Suffolk County Council Public Health to support new or enhanced community-led projects that promote better wellbeing, healthier lifestyles and healthier places in Babergh and Mid Suffolk.

The purpose of the fund is for people to be empowered and supported to grow the local activities, facilities and spaces that help them to be healthier and happier. It aims to improve physical and mental health through a ‘grassroots’ approach rather than a ‘service-led’ approach.

### Fund Details

£77,776 of funding is available across Babergh and Mid Suffolk. Applications should be for at least £250 and not more than £5,000. Match funding is not required and up to 100% of project costs can be supported.

Applications will be assessed on competitive basis.

**The deadline for applications is 10 February 2025.**

Funding should be spent within 8 months of the grant being received.

### Eligible

Eligible projects include, but are not limited to:

* Regular activities that bring people together and reduce social isolation
* Regular activities that encourage to people to be more active or to exercise
* Regular activities that support people to have healthier lifestyles
* Regular activities that empower communities to improve services for health & wellbeing
* One-off events that support the same
* Purchase of tools or equipment which support activities of the types given above
* Improvements to buildings or facilities which support activities of the types given above

### Ineligible

* Private individuals
* For-profit businesses
* Statutory authorities
* Schools where there is no wider community benefit
* Churches where there is no wider community benefit
* Community groups without an independent bank account
* Activities promoting religious or political beliefs
* Services commenced or goods ordered prior to Grants being awarded

# Fund Priorities

Applicants should be seeking for their project to enable one, some or all of the following themes.

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| Aim | Purpose | Examples |
| Stronger communities for health | Supporting community assets for healthier living; places, facilities and groups. | Parks, pitches, allotments, men’s sheds and meeting places.  Good neighbour schemes, litter picking groups, green space volunteers. |
| Greater social connection and reduced loneliness | Bringing people together and strengthening relationships. | Social and support groups, lunch clubs, cultural events, arts & crafts, social action, volunteering or sports. |
| Healthier lifestyles | Supporting people to eat better, move more and live well. | Sports, exercise classes, initiatives on substance issues, healthy eating, cooking skills and active pursuits like gardening/allotments or walking groups. |
| Involving people in improving services | Supporting people to improve health and wellbeing services. | Projects by user groups (e.g. Patient Participation Groups or advocate groups) to make health and care services more effective.  Gathering service & user views to find improvements, raise awareness or to create guides & resources. |

## Who can Apply?

Constituted VCFSE organisations can apply, such as Parish Councils, Uniformed Groups, Sports Clubs, Pre Schools, Village Halls, Parent Teacher Associations (PTAs) and Faith settings where the wider community is able to attend. Organisations must be place-based and already be providing a service to residents of Babergh or Mid Suffolk.

### Organisation requirements

Groups must be constituted and have a bank account with 3 independent signatories.

We require that all groups have 3 key policies in place:

* Safeguarding
* Health and Safety
* Equal Opportunities

If not, the development of these through Community Action Suffolk would be a condition of any offer: [Governance and Organisation Development - Community Action Suffolk](https://www.communityactionsuffolk.org.uk/organisation-support/governance-and-organisation-development/)

Applicants must include all project costs and, if project costs exceed the amount applied for, details of the total funding package.

## How to apply

Application forms can be found on each District Councils’ Community Grants webpage: [Babergh](https://www.babergh.gov.uk/web/babergh/w/babergh-district-council-funding-1) or [Mid Suffolk](https://www.midsuffolk.gov.uk/web/mid-suffolk/w/mid-suffolk-district-council-funding-1)

Completed application forms should be emailed to the Grants Team at

[BMSDCGrants@baberghmidsuffolk.gov.uk](mailto:BMSDCGrants@baberghmidsuffolk.gov.uk)

Alternatively, applications may be submitted by post. The postal address is given on the application form.

## Finding out if you are successful

All applications will be scored after the closing date 10 February and a panel will then decide which applications are successful. Applicants will be notified of the outcome before 24 February. We won’t be able to answer queries about outcomes before then.

If your application is not successful, we will provide you with information on how to make future applications stronger and on alternative sources of funding.

## Monitoring

Successful applicants will be expected to provide information on how the grant is spent and how well their project achieved its aims. They will receive monitoring forms alongside their award offer so that it is clear before the project starts what information needs to be collected.

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| **Document with solid fill** | * Project monitoring form * Participant demographics forms * Participant baseline forms (for regular activities) * Participant feedback forms for events or regular activities |

Monitoring forms should be returned to the Council within 1 month of the project being completed. Capital projects will also need to submit receipts or invoices.

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